



# Lephalale Municipality

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## PRESS RELEASE

### FOR IMMEDIATE RELEASE

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#### **Wellness Day at LLM**

Lephalale Municipality hosted its annual Wellness Day event for employees on Wednesday, 13 May at the Mogol Club. The aim of the event was to promote healthy living for employees. Acting Mayor, Cllr W.M Motlokwa spoke about the importance of fostering a healthy body and mind during his key address.

The Municipality is especially proud of its soccer team, who won against teams from Exxaro, FET and the Ellisras hospital. Employees also participated in Netball and Volleyball.

Srix Zone sponsored the winning teams with a two week free membership. Stakeholders like Liberty Life, Sanlam, Metropolitan, Key health Medscheme, Hosmed, LA Health, IEMAS and Samwumed presented some of their health and wellness products. Old Mutual assisted in testing, blood pressure, cholesterol, body mass index as well as HIV testing.

Featured at the event was one of Lephalale Municipality's own employees known as Pastor Modise who performed his own compositions with a group called Joyous celebration.

Queries:

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